



General Information for Debriefings

Debriefing with Compass Asia

Debriefing is a thoughtful, relational process that provides global ministry workers with a safe space to share their experiences and reflect on both recent and past events. The primary goal is to help participants understand the impact of these experiences on their lives and discover a healthy path forward. While debriefing often focuses on recent mission work, it can also include personal history.

Our debriefings are tailored to individuals, couples, and families. Confidentiality is a cornerstone of our process—information shared during debriefings is not disclosed to organizations unless the client provides written consent. If an organization commissions Compass Asia to conduct a debriefing for assessment purposes, the debriefer will provide the organization with a general summary and recommendations. In such cases, the client also receives a copy of the report.

Family-Focused Programs

For families, we offer a program designed for children aged 7 and above. This includes activities with the entire family as well as separate activities for the children. Unfortunately, children under 7 cannot participate, but we can assist in arranging childcare if needed.

In-Person Experience in Penang, Malaysia

Debriefing is primarily a relational experience, and we strongly recommend participating in person for the most meaningful outcomes. Our in-person debriefings take place in Penang, Malaysia, a vibrant island offering opportunities for relaxation and exploration.

Extend your visit to Penang to enjoy its rich cultural and natural attractions:

- Explore Georgetown's architecture, street art, and vibrant culture.
- Ride the funicular train to the top of Penang Hill for panoramic views.
- Hike through trails, beaches, or the canopy walk in Penang National Park.
- Discover waterfalls and lush greenery at the Botanic Gardens.
- Visit Southeast Asia's first butterfly sanctuary.
- Stroll along the historic Clan Jetties, a waterfront settlement built by Chinese immigrants.

Details and Pricing

To ensure availability, please contact us as soon as possible in advance with your preferred dates.

Cost:

- Two-Day Individual Debriefing: \$200.00
- Two-Day Couples Debriefing: \$300.00
- Three-Day Family Debriefing: \$500.00
- Five-Day Debriefing \$600.00

These rates include materials and lunch for in-person sessions but do not cover housing, transportation, additional meals, or babysitting.

Payment Information

Payments can be made through our website at www.compassasia.net If a sending agency or church pays on your behalf, please ensure they note your name so the payment can be applied appropriately.

We look forward to providing you with a personalized, meaningful debriefing experience.



Compass Asia Debriefing

Personal Information

Full Name: _____ DOB: _____

Phone Number: _____ WhatsApp Calls/Text

Email: _____

Preferred Method of Communication: Email Phone WhatsApp

Marital Status: Single Married Divorced Widowed

Mailing Address: _____

City: _____ State: _____ Zip: _____

Billing Address: _____

City: _____ State: _____ Zip: _____

Address where you will be staying in Penang: _____

I am interested in learning more about the Compass Asia Guest House.

What Form of Communication do you prefer? _____

Please note that email correspondence is not considered a confidential means of communication.

Referral Information

How did you hear about Compass Asia's Debriefing Services?

Organization/Agency

Church

Friend/Colleague

Website/Social Media

Other (Please specify): _____

Family Information

Spouse Name: _____ DOB: _____

Child Name: _____ DOB: _____

Child Name: _____ DOB: _____

Child Name: _____ DOB: _____

Child Name: _____ DOB: _____

Child Name: _____ DOB: _____

Are all family members participating in the debriefing? Yes No

Do any family members have special needs we should be aware of? Yes No

Mission/Work Details

Organization/Agency Name: _____

Country or Region of Service: _____

Length of Service in this Region: _____ Total Years in Mission Work: _____

Other countries in which you have lived and how long: _____

Please provide a brief summary of your recent mission or ministry experiences:

Purpose of Debriefing

Why are you seeking debriefing at this time? (Check all that apply):

- Recent Mission/Ministry Experience
- Re-entry Adjustment
- Processing a Traumatic Event
- Personal or Family Issues
- Other (Please specify): _____

List general dates during which you would like to schedule the debriefing:

In a few words, explain what you hope to achieve during this debriefing:

Stressors

Briefly share any current medical complications for which you/anyone in your family is currently experiencing.

Briefly share any environmental pressures that you/your family experienced during your last term:

Briefly share any emotional pressures that you or any family members experienced during your last term (dangers, trauma, loss or grief, over-work, isolation, etc.):

If applicable, briefly share any areas of concern for your marriage at this current time.

Briefly share any conflicts with team or spiritual leaders that occurred during your last term: _____

If you have a “sending church,” describe if you feel supported by them (prayer, emotionally, financially, etc.):

If you have a sending organization, describe if you feel supported by them (prayer, emotionally, giving you guidance, etc.):

Describe any financial pressures you experienced during your last term:

Have you experienced any significant challenges, losses, or stressors in the past 1–2 years? Yes No

If yes, please provide details: _____:

Spiritual History:

(If you are a couple, each of you should fill this out individually)

Name: _____

Describe your faith journey, including when you met Jesus Christ as Savior and Lord, and include any significant spiritual experiences or milestones.

Describe your devotional practices.

Rate your current Spiritual Life between 0 – 10 (10 = very spiritually alive!) _____

Describe any barriers to your spiritual growth: _____

What do you do to relax and rest? _____

Spiritual History:

(Fill out this second page only if you are a couple)

Name: _____

Describe your faith journey, including when you met Jesus Christ as Savior and Lord, and include any significant spiritual experiences or milestones.

Describe your devotional practices.

Rate your current Spiritual Life between 0 – 10 (10 = very spiritually alive!) _____

Describe any barriers to your spiritual growth: _____

What do you do to relax and rest? _____

Information for Children:

(Fill out this page only if you have children)

Will your children be participating in this debriefing?

Briefly describe the schooling situation for your children:

Briefly describe any health issues children are experiencing:

Briefly describe any behavioral issues children are experiencing:

Briefly describe any emotional concerns you have for your children:

Is there anything else about your children that would be helpful for us to know?

Consent to Participate in Debriefing Sessions

I hereby consent to participate in debriefing sessions facilitated by the staff of Compass Asia. I understand that my participation in this process is entirely voluntary, and I have the right to discontinue it at any time.

Debriefing is a relational process designed to help me express and understand the impact of my past experiences, with the goals of release, renewal, and moving forward. I acknowledge that I have the autonomy to decide which aspects of my past I wish to address during these sessions. I trust that all information I share will remain confidential, except in circumstances where disclosure is required by law or ethical guidelines. These circumstances include situations where there is a risk of harm to myself or others or if I disclose information about abuse or neglect involving a minor child, elderly adult, or dependent individual. In such cases, I understand that my Debriefers are legally and morally obligated to breach confidentiality to ensure safety.

I understand that my Debriefers may be supervised by a Licensed Counselor who adheres to the same confidentiality standards. In the event I disclose a serious moral issue that could impact the integrity of Christ, His Church, or my Mission Organization, my Debriefers will assist me in developing a plan for confession and restoration within my Faith Community and/or Mission Organization.

I acknowledge that Compass Asia provides short-term debriefing services that are not intended to diagnose or treat psychological or mental health conditions.

I agree to provide at least 24 hours' notice if I need to cancel or reschedule a session. Failure to do so may result in a cancellation fee.

If applicable, I give consent for my children, [Insert Children's Names], to participate in the debriefing process as outlined by Compass Asia.

By signing this form, I affirm that I have read, understood, and agree to the terms and conditions outlined above.

Your Name

Signature

Date

Spouse Name

Spouse Signature

Date